My SmokeFree Life App - in Walsall

Are you aged 18 and over, and either:

Living in Walsall?

Working in Walsall?

Or registered with a GP in Walsall?

My SmokeFree Life app Walsall provides a 12 week programme of support with **FREE** stop smoking treatments delivered to your door* and the option to speak with a stop smoking advisor.

www.mysmokefreelifewalsall.co.uk

Hi, Amelia Pre-quitting Pre-quitting WEEK 1 > 19 19 18 17 16 15 14 19 18 17 16 17 18 18 19 18 16 17 16 17 16 17 18 18 18 17 18 18 19 18 18 19 10 10 10 10 10 11 12 13 14 15 14 15 16 17 18 18

Break free, breathe easy, and embrace a smoke-free life



*Eligibility criteria applies







Download the My SmokeFree Life app today and begin your journey to a smoke-free life!

